

HELP A SENIOR

Stocking Stuffers

Gift Items Suggestion

- Socks/slippers w/ rubber grips
- Gloves/mittens
- Postage Stamps
- Pharmacy gift cards
- Small Flashlight
- Note Card
- Toiletries (toothpaste, toothbrush, bath soap)
- Transistor radio w/ batteries
- Nightlight
- Travel Mug
- Head Lamp
- Magnifying Glass
- Calendar
- Infinity scarf
- Large print puzzle book



Be A Santa To A Senior

Gain satisfaction and help a senior during the giving holidays. Provide a holiday stocking and fill it with small gifts for a homebound Meals on Wheels recipient. Filled stockings can be dropped off at:

Premier Subaru of Watertown
795 Straits Turnpike
Watertown

When: Filled stockings need to be dropped off at Premier Subaru by December 18th for distribution to area seniors the following week!

Thank you for making the holiday special



Senior Nutrition

New Opportunities, Inc.

203-575-4208 Contact Lisa LaBonte